

Ripley



**blend**

youth project  
raising aspirations, releasing potential



# Summer Holiday

Monday 22nd July - Friday 30th August 2013

# Activity Programme

**Blend Youth Project Ripley** 38 Nottingham Rd, Ripley, Derbyshire, DE5 3DJ Tel: 01773 749975  
E-mail: [info@blendyouthproject.co.uk](mailto:info@blendyouthproject.co.uk) [www.blendyouthproject.co.uk](http://www.blendyouthproject.co.uk)

Our summer programme is open to all young people of secondary school age 11-19. Please complete the enclosed booking/consent form marking clearly which activities you wish to attend and enclosing the required payment for activities which require pre-booking.

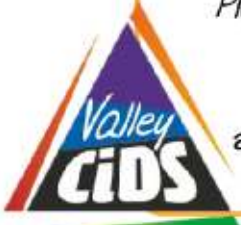
*Please make cheques payable to 'Blend Youth Project'*

For all trips we will **meet 20 minutes before at Blend.**

If you have booked a space and are unable to attend, please do let us know as we are unable to refund any booked places we cannot refill.

*Please note that the staff emergency contact for all trips will be: 07594 435 951*

If you require any further information about any of the activities, please contact a member of the Youth Work team on 01773 749975





MONDAY

22nd July

Free

3pm - 5.30pm

Drop in Session

Come along to our Drop in session, join in with fun games and activities

22nd July

Free

7pm - 9pm

Drop in Session + **Hawaiian Party**

Come along to our Drop in session. Learn about Hawaii, Try a Mocktail & take on the Hula Challenge

TUESDAY

23rd July

Free

3pm - 5.30pm

Drop in session

Come along to our Drop in session, join in with fun games and activities



24th July

Free

9.30 - 12.30pm

Job Shop

Aged 16-25 and looking for work? We offer help with CV's, Job Search Interview skills and more.

24th July

Free

2pm - 5.30pm

Drop in Session + **Fashion Challenge**

Come to our Drop in session, learn about Up-cycling and take on the Fashion Challenge

24th July

Free

2pm - 5pm

5-a-side Football @ Wilmott Street Park, Heanor  
Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

25th July

Free

1.30 - 4.30pm

Park & Picnic Session, Crossley Park, Ripley

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

25th July

Free

6.30 - 9pm

Drop in Session + Blend Cup, Table Tennis

Come along to our Drop in session and sign up to represent Ripley defending the Blend cup

26th July

Cost

9.30 - 5.30

**TRIP: Dovedale Challenge** Consent form Needed

A full day trip to Dovedale, which will include team & individual challenges along the way.

26th July

Free

2 - 5.30pm

Drop in Session + **Summer safety**

As well as our usual fun & games, learn how to stay safe over the summer holidays

26th July

Free

7 - 9pm

**'Friday Chill Out'** Drop in Session

Come & join us for a relaxing Drop in session

FRIDAY

Monday - 22nd July - Friday 26th July

Week 1

MONDAY

29th July

Free

2 - 5.30pm

DROP IN Session + **Blend fitness session**

Join us and test your fitness levels by completing our fitness tests - There will be prizes!

29th July

Free

7 - 9pm

DROP IN Session + **North Africa Session**

Come along to our DROP IN session. Learn about the different countries in North Africa.

TUESDAY

30th July

Free

9.30am - 4pm

**TRIP: Markeaton Park Derby**

An opportunity to try different sports and have lots of fun. **(Consent form needed)**

30th July

Free

10am - 1pm

**Breakfast Drop in Session**

Our morning DROP IN session is complete with a breakfast menu on the coffee bar, so come and join us for more fun!

30th July

Free

2 - 5.30pm

DROP IN Session + **Computer Game Design**

If you are interested in computer games, join us and create your own

31st July

Free

9.30 - 12.30pm

**Job Shop**

Aged 16-25 and looking for work? We offer help with CV's, Job Search Interview skills and more.

31st July

£3

2 - 5pm

**Craft Session: Tie Dye T-shirts**

Plan and create your own T-shirt in the design of your choice **(Consent form needed)**

31st July

Free

2 - 5pm

**5-a-side Football @ Wilmot Street Park, Heanor**  
Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

WEDNESDAY

1st August

Free

10am - 1pm

DROP IN session + **Graffiti Art Workshop**

Come along and take part in a Graffiti workshop with a professional artist

1st Aug

Free

1.30 - 4.30pm

**Park & Picnic Session, Crossley Park, Ripley**

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

THURSDAY

1st August

Free

6.30 - 9pm

DROP IN session + **Summer Construction School**

Our construction school is an opportunity learn skills around building, plastering & wood work **(Consent form needed)**

2nd August

£10

8am - 6.30pm

**TRIP: Welsh Mountain Zoo & Colwyn Bay** **(Consent form needed)**

See what animals you can spot at the zoo then have fun on the beach.

FRIDAY

2nd August

Free

2 - 5.30pm

DROP IN Session + **Summer safety advice**

As well as our usual fun & games, learn how to stay safe over the summer holidays

2nd August

Free

7pm - 9pm

**'Friday Chill Out' DROP IN Session**

Come & join us for a relaxing DROP IN session

Monday 29th July - Friday 2nd August  
Week 2

MONDAY

5th August

Free

2 - 5.30pm

Drop In Session + **Gardening Project**

Come and help us create our very own Mini Blend garden

5th August

Free

7pm - 9pm

**Australian Themed** Drop In Session

Come along to our Drop in session. Learn about Australia & try different Aussie foods

TUESDAY

6th August

Free

10am - 12.30pm

Breakfast Drop in session

Our morning Drop in session is complete with a breakfast menu on the coffee bar, so come and join us for more fun!

6th August

£5

9am - 2pm

**Trip: Canoeing** **Consent Form Needed**

A half day trip canoeing at Carsington Water.

6th August

Free

2 - 5.30pm

Music Drop in Session

Come and join us for a session that will be filled with music and fun

7th August

Free

9.30 - 12.30pm

Job Shop

Aged 16-25 and looking for work? We offer help with CV's, Job Search Interview skills and more.

WEDNESDAY

7th August

Free

2 - 5.30pm

Drop In Session + **Photography**

An opportunity to make your own Pin hole Camera & learn about photography

7th August

Free

2 - 5pm

5-a-side Football @ Wilmot Street Park, Heanor

Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

THURSDAY

8th August

£2

10am-12.30pm

The Great Blend Bake Off **Consent Form Needed**

Ready, Set, Bake! Work together to create tasty treats.

8th August

Free

1.30 - 4.30pm

**Park & Picnic Session.** Crossley Park, Ripley

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

8th August

Free

6.30 - 9pm

Drop In Session + **"Old School" Games**

A fun session, playing a variety of games.

9th August

Free

9.30am-4.30pm

**Trip: Carsington Water** **Consent Form Needed**

A full day trip which will include a walk and fun and games. Don't forget to bring your picnic

FRIDAY

9th August

Free

2 - 5.30pm

Drop In Session + **Summer safety advice**

As well as our usual fun & games, learn how to stay safe over the summer holidays

9th August

Free

6.30 - 9pm

**Film Night** (Sign up needed)

Blend will be turned into "Blend Cinema" for the night. Join us to watch a film and relax

Monday 5th August - Friday 9th August  
Week 3



MONDAY

12th August

Free

1.30 - 5.30pm

**Fishing @ Shipley Park** (Consent form needed)

An opportunity to learn how to fish. Transport, coaching and all equipment supplied.

12th August

Free

2 - 5.30pm

**Girls Only Drop in Session**

An opportunity to have the full use of Blend, with no boys! Will also include challenges & pampering

12th August

Free

7 - 9am

**Brazilian Themed** Drop in Session

An opportunity to learn about Brazil. Take on the football challenge and try new food

13th August

£5

9am-2pm

**TRIP: Outdoor Climbing & Rock Scrambling**

Come and join us for a half day of fun at Black Rocks, Cromford. (Consent Form Needed)

13th August

Free

10am-12.30pm

**Breakfast Drop in Session**

Come along to our early drop in session, complete with a breakfast menu on the coffee bar

13th August

Free

2 - 5.30pm

**Scavenger Hunt + Drop in Session**

Come along to our drop in session and enter a team into the MEGA Scavenger hunt

14th August

Free

9.30am-12.30pm

**Job Shop**

Aged 16-25 and looking for work? We offer help with CV's, Job Search Interview skills and more.

14th August

£3

2 - 5pm

**Craft Session: Design a Bag** (Consent Form Needed)

Design & style your own bag. With the opportunity to use stencil art, fabric paints or sewing

14th August

Free

2 - 5pm

**5-a-side Football @ Wilmott Street Park, Heanor**

Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

15th August

Free

6.30 - 9pm

**Drop in session + Summer Construction School**

Our construction school is an opportunity learn skills around building plastering & wood work (Consent form needed)

15th August

Free

1.30 - 4.30pm

**Park & Picnic Session.** Crossley Park, Ripley

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

16th August

£7

9am - 6.30pm

**TRIP: National Media Museum & IMAX Cinema**

Price includes transport, Entrance and the chance to watch a film in the IMAX cinema (Consent form needed)

16th August

Free

1pm - 3pm

**Oz Box @ Ripley Boxing Club**

A session for Blend with Oz Box. This is an opportunity to have some fun and have a go at non-contact boxing based training

16th August

Free

2 - 5.30pm

**Drop in Session + Chocolate Making**

Come and make your own chocolates. And learn a new skill at the same time

16th August

Free

7pm-9pm

**'Friday Chill Out' Drop in Session**

Come & join us for a relaxing drop in session

WEDNESDAY

THURSDAY

FRIDAY

Monday 12th August - Friday 16th August  
Week 4

MONDAY

19th August

Free

2 - 5.30pm

**Boys Only** Drop in Session

An opportunity to have the full use of Blend, but with no girls! Will include activities & challenges

19th August

Free

7pm - 9pm

**'Greek Themed'** Drop in Session

An opportunity to learn about Greece. Take part in some challenges and try new food

TUESDAY

20th August

£5

9am - 2.30pm

**TRIP: Gorge Scrambling** (Consent form needed)

A half day trip at Beeley Gorge. A great chance to try something new and have lots of fun

20th August

Free

2 - 5.30pm

**"Ready, Steady, Cook"** Drop in Session

Come and join us, work in a team and create your own dinner!

WEDNESDAY

21st August

Free

9.30am - 12.30pm

**Job Shop**

Aged 16-25 and looking for work? We offer help with CV's. Job Search Interview skills and more.

21st August

Free

2 - 5.30pm

**Art Based** Drop in Session

Come in and get creative. With the chance to try stencil & Pop Art

21st August

Free

2 - 5pm

**5-a-side Football @ Wilmott Street Park, Heanor**

Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

22nd August

Free

10am - 12.30pm

**GCSE Results Breakfast**

Happy or Worried about your results?? Pop into Blend to receive help with your next steps, or to celebrate

22nd August

Free

1.30pm - 4.30pm

**Park & Picnic Session.** Crossley Park, Ripley

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

22nd August

Free

6.30 - 9pm

**Drop in Session + Pool Tournament**

Come to our Drop in session & Enter the Pool Competition

23rd August

£10

8am - 7.30pm

**City Trip: Manchester** (Consent form needed)

A full day trip exploring the City of Manchester and taking in the sights. Cost includes bus & train travel.

23rd August

Free

2pm - 5.30pm

**Drop in Session + Jewellery making**

As well as our Drop in session. Come along and make your own piece of Jewellery

23rd August

Free

7pm - 9pm

**'Friday Chill Out'** Drop in Session

Come & join us for a relaxing Drop in session

Monday 19th August - Friday 23rd August

Week 5

MONDAY

26th August

**Closed:** Bank Holiday Monday

TUESDAY

27th August

£5

11am - 4pm

**TRIP: Mountain Biking** (Consent form needed)

An energy fuelled half day of biking at Carsington water. Cost includes Transport and full equipment hire

27th August

Free

10am-12.30pm

**Breakfast Drop in session**

Come long to our early Drop in session, complete with a breakfast menu on the coffee bar

27th August

Free

2pm - 5.30pm

**Drop in Session + Blend Survival Challenge**

Channel your inner Bear Grylls and take on our shelter building challenge... And more

28th August

Free

9.30-12.30pm

**Job Shop**

Aged 16-25 and looking for work? We offer help with CV's, Job Search Interview skills and more.

28th August

Free

2 - 5.30pm

**Blend Cup: Sumo Wrestling @ Heanor Blend**

Come with us to Heanor as we challenge them in the second Blend cup task of the summer  
(Consent form needed)

28th August

Free

2 - 5pm

**5-a-side Football @ Wilmott Street Park, Heanor**

Register your 5-a-side team and take part in the league over 5 weeks. Prizes for 1st, 2nd and 3rd.

29th August

Free

1.30-4.30pm

**Park & Picnic Session.** Crossley Park, Ripley

Come and meet us on Crossley Park for lots of fun and games! Just bring your own picnic!

29th August

Free

6.30pm - 9pm

**Drop in session + Summer Construction School**

Our construction school is an opportunity learn skills around building, plastering & wood work  
(Consent form needed)

30th August

£25

8.30am-6.30pm

**TRIP: Alton Towers** (Consent form needed)

Full day trip to Alton Towers. The cost includes transport & Park entry

30th August

Free

7pm - 9pm

**'Friday Chill Out' Drop in Session**

Come & Join us for a relaxing Drop in session

THURSDAY

FRIDAY

Monday 26th August - Friday 30th August

Week 6





**Blend Youth Project,**

**RIPLEY BRANCH** :38 Nottingham Rd, Ripley, Derbyshire. DE5 3DJ: Tel: 01773 749975  
**HEANOR BRANCH**:15 Mundy Street, Heanor, Derbyshire. DE75 7EB: Tel: 01773 769980  
 E-mail: [info@blendyouthproject.co.uk](mailto:info@blendyouthproject.co.uk)  
[www.blendyouthproject.co.uk](http://www.blendyouthproject.co.uk)  
 Registered Charity Number 1123173  
 Company Registration Number: 05558271

**Ripley Summer Programme 2013**

<b>Name:</b>	<b>Tel:</b>
<b>Address:</b>	<b>Emergency Tel:</b>
<b>Postcode:</b>	<b>Age:</b>
<b>Date of Birth:</b>	<b>School Year Group:</b>
<b>School:</b>	

**MEDICAL INFORMATION ABOUT THIS YOUNG PERSON**

a) Any conditions requiring medication or regular treatment?      Yes       No

Please provide us with details of condition and medication /treatment and instructions:

.....

.....

.....

b) Is this young person allergic to any medication or foods?      Yes       No

If yes, please give details of these:

.....

.....

.....

c) When did this young person have their last Tetanus injection? .....

**I will inform the Group Leader as soon as possible of any changes in this young person's medical or other circumstances between now and the commencement of the trip.**

DECLARATION

1. I confirm the above named to be in good health and I consider them fit to participate
2. I agree to the above named receiving medication as instructed and any dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present. I understand that Valley CIDS have not arranged any personal accident cover for young people involved.

Signed.....Date.....

Relationship to this young person.....

- I am over 18 and give my consent to the activities selected on the reverse of this form.
- I.....Give permission for the above named to attend the **the marked events and trips on the reverse of this form**

Signed.....Date.....

Relationship to this young person.....

**Please tick if you do not wish for your child to have their photo taken**  
 (Photos will be used for Blend Youth Project/Valley CIDS publicity and promotion only)

<b>Date</b>	<b>Activity</b>	<b>Cost</b>	<b>To Book <i>(please tick)</i></b>
26 <sup>th</sup> July	<b>Dovedale Challenge 9am-5.30pm</b> Complete a range of team challenges as we walk through Dovedale <i>Bring a packed lunch, a waterproof coat and a rucksack.</i>	FREE	
30 <sup>th</sup> July	<b>Markeaton Park 9.30am-3.30pm</b> Come along for some fun and games <i>Bring a packed lunch, a waterproof coat and a rucksack.</i>	FREE	
31 <sup>st</sup> July	<b>Craft Session: Tie Dye T-shirt 2pm-5pm</b> Create your own T-shirt. The cost covers everything you will need	£3	
1 <sup>st</sup> August	<b>Blend Construction school 6.30pm – 9pm 1<sup>st</sup>, 15<sup>th</sup> &amp; 29<sup>th</sup> August</b>	FREE	
2 <sup>nd</sup> August	<b>Welsh Mountain Zoo and Colwyn Bay 8am – 6.30pm</b> <i>Bring a packed lunch, a waterproof and a rucksack</i>	£10	
6 <sup>th</sup> August	<b>Canoeing 9am – 2pm</b> <i>Bring a packed lunch, and a complete change of clothes!</i>	£5	
8 <sup>th</sup> August	<b>The Great Blend Bake off 10am-12.30pm</b> <i>Come along and make some tasty treats</i>	£2	
9 <sup>th</sup> August	<b>Picnic and Games@Carsington Water 9.30am-4.30pm</b> Come along for some fun and games by the waterside. <i>Bring a packed lunch, a waterproof coat and a rucksack.</i>	FREE	
12 <sup>th</sup> August	<b>Fishing @Shipley Park 1.30pm – 5.30pm</b> A day of fishing coaching. All levels welcome. <i>Bring a waterproof coat and a rucksack. Fishing Equipment Provided.</i>	FREE	
13 <sup>th</sup> August	<b>Outdoor Climbing and Rockscrambling@Blackrocks 9am – 2pm</b> Challenge yourself to complete some outdoor climbing. <i>Wear Trainers and clothes you can move in. Bring a packed lunch, a waterproof coat and a rucksack.</i>	£5	
14 <sup>th</sup> August	<b>Craft Session: Design a Bag 2pm – 5pm</b> The cost covers the cost for the bag and all the materials you will need.	£3	
16 <sup>th</sup> August	<b>National Media Museum 9am – 6.30pm</b> <i>Bring a packed lunch.</i>	£7	
20 <sup>th</sup> August	<b>Gorge Scrambling 9am – 2.30pm</b> A chance to engage in an active sport as you scramble upstream. <i>Bring a packed lunch, a waterproof coat, rucksack and a complete change of clothes!</i>	£5	
23 <sup>rd</sup> August	<b>City Trip to Manchester 8.30pm – 8pm</b> <i>Bring a packed lunch, a waterproof coat and a rucksack.</i>	£10	
27 <sup>st</sup> August	<b>Mountain Biking.11.30am – 4pm</b> <i>Bring a packed lunch, a waterproof coat and a rucksack.</i>	£5	
28 <sup>th</sup> August	<b>Blend Cup Sumo Wrestling 2pm – 5pm</b> Help us to retain the Blend Cup.	FREE	
30 <sup>th</sup> August	<b>Alton Towers 8.15am – 6.30pm</b> <i>Bring a packed lunch, or money to buy lunch, a waterproof coat and a rucksack to carry it!</i>	£25	